

Suicide Prevention Resources, Hotlines and Information Centers

Most of the listed resources offer a language line or translation services and are available 24 hours.

Mendocino County Access Center

1-800-555-5906

Mendocino County Warm Line (Monday through Saturday 7 am to 6 pm)

1-833-955-2510

707-472-2311

LGBTQ Youth

1-866-487-3867

(1-866-4-U-TREVOR)

Veteran's Crisis Line

1-877-838-2838

(1-877-VET-2-VET)

Redwood Community Crisis Center

1-855-838-0404

North Bay Suicide Prevention Hotline

1-855-587-6373

Youth America Hotline

1-877-968-8454

(1-877-YOUTHLINE)

Texting Hotline

741741

National Suicide Prevention Lifeline ([suicidepreventionlifeline.org](https://www.suicidepreventionlifeline.org))

1-800-273-8255

Friendship Line for individuals over 60 (they can also schedule calls out to those in need.)

1-800-971-0016

NAMI - National Alliance of the Mentally Ill

707-458-2008

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