

# Communication Strategies

- **Tips for Interacting With a Person With Dementia**
  - Reassure, reassure, reassure.
  - Try to remain calm.
  - Do not disagree with made up stories.
  - Give compliments often.
  - Respond to the person's feelings, not their words.
  - Use distractions.
  - Do not try to reason with the person.
  - Give yourself permission to alter the truth.
  - Avoid asking questions that rely on short-term memory.
  - Break down all tasks into simple steps.
  - Respond calmly to anger. Do not contradict.